

Praying in Color for your Grandchildren

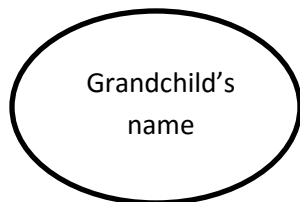
Praying in Color = prayer + doodling

What you need to get started:

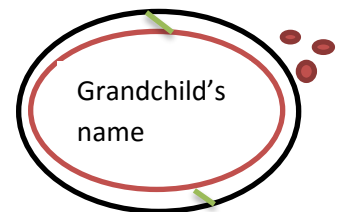
- 1) Paper
- 2) Pen or pencil
- 3) Colored markers or colored pencils or colored gel pens
- 4) A surface to work on

How to get started:

1) Write your grandchild's name on a piece of paper. Draw a shape around it or just start to doodle.



2) Add marks and shapes. Focus on your grandchild. Ask God to be part of your prayer time. Thank God for the blessing who is your grandchild.



3) Choose a character trait, virtue, Scripture, or anything else to pray for your grandchild. Write it in another area of your paper. Pray concerning your grandchild and that virtue. As you pray, draw around the word adding color and doodles.

4) Continue to add other traits, virtues, Scriptures, or specifics to your "prayer." Pray for each as it pertains to your grandchild. As you pray, add color and doodles.

Taken from *Praying in Color* by Sybil MacBeth

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