



Praying with Purpose

HELPING EQUIP OTHERS TO STAND FAST IN THE FAITH

Prayer Journal Type Highlights

Picture Prayer Journal

- Set up by child/grandchild/individual
- Name and birthday in upper corner
- Small photo in opposite corner
- Record prayer requests, praises, answers, notes

Pictorial Prayer Journal

- Set up by child/grandchild/other person
- Photos serve as prayer prompts
- Full of photos (but be careful that it doesn't become a scrapbook)

Traditional Journal

- Sectioned by category (requests, prayers, praises, answers to prayer, favorite appropriate scriptures, applicable quotes, thoughts on your relationship, notes, photos)
- No photos except in designated section, if desired

Prayer Log

- Simple listing of requests and answers/praises
- Use one color of ink for requests; one for the answers/praises

Legacy Journal

- Completed by two or more generations together (i.e., grandparents/grandchildren, parents/children, etc.)
- Sectioned by category
- Encourages modeling and discussion
- Technology can be used to share requests, prayers, answers

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